

Just to share some resources and information as it relates to CPR/AED, medical response teams and schools.
Read more below:

- **Janet's Law** – <https://pub.njleg.state.nj.us/Bills/2012/PL12/51 .PDF>
 - All public and non-public schools MUST have AEDs
 - AEDs MUST be available in unlocked locations with identifying signs
 - AEDs MUST be accessible during the school day and during school-sponsored events/practices
 - AEDs MUST be located within reasonable proximity of gyms and athletic field(s)
 - Coach, athletic trainer, staff member, EMT/first responder TRAINED in CPR/AED MUST be present during events or practices
- Schools MUST develop an Emergency Action Plan that includes:
 - At least 5 people trained in CPR/AED in EACH building
 - Detailed procedure for responding to Sudden Cardiac Event
 - Procedure MUST include: Who responds to victim, Who call 9-1-1, Who gets the AED, Who operates the AED, Who performs CPR, Who assists responders to get to the victim
- NJDOE FAQ - <https://www.nj.gov/education/safety/health/docs/JanetsLawFAQ.pdf>
- "**Sudden Cardiac Arrest Prevention Act**"; provides student-athletes, parents, and coaches with information on sudden cardiac arrest and establishes protocol concerning removal-from-play for athletes exhibiting symptoms of sudden cardiac arrest. -
<https://pub.njleg.state.nj.us/Bills/2012/PL13/209 .PDF>
- "**Scholastic Student-Athlete Safety Act**;" establishes measures to ensure health of student-athletes. -
<https://pub.njleg.state.nj.us/Bills/2012/PL13/71 .PDF>
- **NJSIAA Coaches Handbook 2022-2024** – Legal responsibility of providing emergency assistance (CPR) -
https://www.njsiaa.org/sites/default/files/documents/2022-08/Coaches%20Handbook%202022-24_3.pdf page 3
- "**The Janet's Fund**" – The family of Janet Zilinski has a website with resources and grant opportunities for schools to get AEDs - <https://www.janetzilinski.org/>
- Consider becoming a CPR/AED trainer
- Inform administration that all indemnity information and requirements for service of AED must be followed to ensure upholding liability **Supplier of the AEDs should be asked to explain this information to your district**

These two slides were shared from presentations Sheila Caldwell held when “Janet’s Law” first passed.

NJDOH ACCEPTABLE CPR/AED TRAINING

American Heart Association

American Red Cross

American Safety & Health Institute

Emergency Care & Safety Institute

National
Safety Council

EMS Safety Services Inc

Document on right is from Federal Trade Commission-
“NO major nationally recognized training program in the United States endorses certification without practice and evaluation of hands-on skills”

Also, OSHA states “Online training alone would not meet the requirements of these training standards.The only way these physical skills can be learned is by actually practicing them. OSHA’s *Best Practices Guide: Fundamentals of a Workplace First-Aid Program*, 2006, p. 11, states that a first-aid training program should have trainees develop hands-on skills through the use of mannequins and partner practice. “

Buyer Beware! Don't Be Fooled by Online-Only CPR or First Aid Certification Scams.

They're everywhere on the Internet: seemingly legitimate organizations offering "instant" CPR or First Aid certification for busy people who are required to hold current certification. And it's often true that the online versions that offer only CPR or First Aid certification are "too easy" to complete. **But not.** The major nationally recognized training programs in the United States endorse certification without practice and evaluation of hands-on skills.

"The only way these physical skills can be learned is by actually practicing them."

Some Reputable Providers of CPR Training

- American Heart Association
- American Red Cross
- American Safety & Health Institute
- MEDIC First Aid
- National Safety Council

Take Action!
File a Complaint with the Federal Trade Commission (FTC)
When you receive a scam or other deceptive offer, you should report it to the FTC. The FTC has a website, 1-877-FTC-HELP, where you can file a complaint. You can also call 1-877-FTC-HELP.

Customize with company & contact information (replace or delete this text and print)

You can watch the SADS Foundation webinar for school nurses from January 11, 2023 - https://youtu.be/F_X6QmvLy7w and get resources at <https://sads.org/schools/sads-school-nurses/>